



Thirty Day Challenge 2009 – Training – Day 01

2009TDC01a: Introduction

Running Time: 3mins



Hey, we're here! Day One! Can you believe it?!

I certainly can, because the team here at the Thirty Day Challenge have been working like dogs, let me tell you - All for your benefit.

What are we gonna do?

I just wanted, today, in this intro video, to just get across some of what you can expect, work-wise with all of this.

You know, we used to say - and veterans will laugh at me - just a few minutes each day is what you need. Now, some days are busier than others. There's a couple of days early on that are going to take a little bit of time. But you know what we've done? Right throughout the Thirty Days...

Now, interestingly, here's a little side point to bring you in - you might notice there's thirty-one days in August. Please don't email. It's an inside joke. It's a bad one, but it's an inside joke that the Thirty Day Challenge just sounds better, for goodness sake!

30 Day Challenge

there is no charge for awesomeness



Anyhoo, what're you gonna be doing? Every day, we're gonna set you some VERY specific tasks, and it will be very clear - you'll have a training page, just like you're seeing here now if you're watching on the actual training page in the Thirty Day Challenge, or indeed on FaceBook - and with that, all you need to do is go through the individual bits and pieces that are on each day.

Watch the video and just do the task that we ask. That's all.

Don't try to think too much else - you'll have achieved so much, just by following the steps each day.

Don't forget we have this incredible forum where there are literally thousand of people, just like you, who are there to help and ask questions and be part of a community. It's a great way to learn as you go.

And don't worry if you're worrying about the technology. I'll keep referring to this, because so often people worry about the technology and that it's going to be too complex. Everything that we do is literally step by step. You can watch on the video, you can pause it, you can rewind it. You can watch the video multiple times, and just concentrate on doing those steps, and it will all come together.

Trust me, it will. It will, it truly will.

So, with that, let's get cracking on day one.

I want to take you through and give you the overall concept of how creating and running and starting a business online, how that works. It really comes down to four very important parts. in fact, I call it the "Magnificent Symphony of Four Parts". So, lets get cracking into Day One.

Let's go!

Summary:

- Watch the videos
- Do the tasks that we ask
- Don't worry about the technology
- Follow the step-by-step instructions
- Join in on the Forums

Links:

Thirty Day Challenge Forums: <http://www.thirtydaychallenge.com/forums/>