

Thirty Day Challenge 2009 – Training – Day 16

2009TDC16a: Introduction

Running Time: 1min



Intro

Hey first of all, I'd like to apologise to any Vegetarians or Vegans for the previous day's video.

I mean, I love animals. Look, I'm sitting on one as we speak!

Actually, interestingly, this couch here is a very famous couch. We're in the same recording studio as Kylie Minogue uses. This is where Kylie Minogue rests. Which is very appropriate, because today is indeed a rest day. So it's a chance for you to catch up, catch your breath; just pick up those little things that you haven't quite gotten a hold of yet. All of those things can be done today.

Make sure, for example, that you check out the magnificent Rank Tracker. I really haven't had an opportunity to tell you how amazing Rank Tracker is in Market Samurai – that literally saves you hours of work. It's brilliant.



Remember, also, you're trying to get yourself in the habit of writing a little article every day because, as we know now, that article is gold for you. You write it once, and it'll keep working for you again and again. You'll see that even more as we go forward.

So, have a catch-up, have a relax, enjoy yourself. Speak soon.

Summary:

Today's Tasks

- Review the lessons so far
- Have a look at what 30DC is doing with Kiva
- Have a rest

Links:

30DC Kiva Team - <http://www.kiva.org/team/thirtydaychallenge>

The 30DC Kiva Store - <http://www.cafepress.com/30DayChallenge>

30DC Kiva Lending Page - <http://www.kiva.org/lender/thirtydaychallenge>

30DC And Kiva - <http://www.thirtydaychallenge.com/training/preseason/kiva.php>